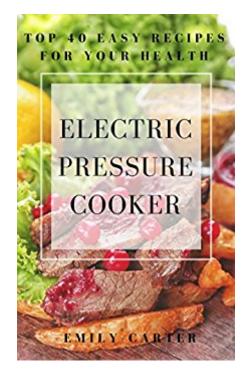
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# Electric Pressure Cooker: Top 40 Easy Recipes For Your Health: Pressure Cooker Cookbook, Healthy Recipes, Slow Cooker, Electric Pressure Coookbook





## Synopsis

Do you want to raise the cooking to the next level? Do you want to spend less time to cook? I tell you an innovative and a modern solution to the problem. This electric pressure cooker cookbook contains recipes on weekdays and weekends. Imagine you cook more in less time than ever. In fact, cooking  $\hat{a}$  " amazing and creative process. The way to success in the kitchen and life  $\hat{a}$  " to take the path of intuition, trust your feelings, constantly try new things. Who is this book:  $\hat{a} \notin$  For those who love to cook and finds cooking exciting creative process.  $\hat{a} \notin$  For those who would like to learn to cook easy, simple and with pleasure.  $\hat{a} \notin$  For those who like a reasonable way to organize your life and cooking.  $\hat{a} \notin$  For those homemakers who work hard, but would like to see the whole family regularly gathered at a large table full of delicious food. In this book, you find the desired recipe. All recipes are written simply. Inside the book, you will find how to cook dishes of chicken, beef, lamb, desserts. You can ask where are fish's dishes and seafood. Ok. It's our gift to you. Read now and Just cook. Get enjoy Right now treat yourself and your Beloved and Friends

## **Book Information**

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#### **Customer Reviews**

Forty delicious and healthy recipes that can be prepared in a pressure cooker...it's pretty

amazing..the book informs is of the benefits of using a pressure cooker such as energy efficient, easy to clean, safe to use and it retains nutrients.The book will make a great buy and the recipes can be used for daily meal preparation and can also be passed from one generation to the next.

Another amazing cookbook I should add to my favorite reading list! lâ ™m happy with this book. Wow. I love every recipe listed and provided in the book. lâ ™m completely amazed with this cookbook because it is made easier for everybody. It provides very easy to follow guide for us to cook it right and deliciousâ | Also! The recipes are healthy for our diet! No need to worry, you can try and eat everything that was written in this book. Itâ ™s superb! Very useful! Everyone will surely love this cookbook...

Since I have a pressure cooker, I'm obsessed with new recipes :) This cook-book is one of the best I've ever came across. The recipes are unique, easy to understand and simple for the preparations. From this book I have prepared a full Sunday lunch for my parents and my family. Even the dessert! I am really delighted with recipes, as well as the possibilities of the pressure pot. Sincere recommended!

I took the recipe of Mangolian beef and it has been a nice experience. Select Sauté mode of the cooker, add butter and let it melt. Season steak strips with salt and pepper. Sauté meat in batches until all the meat browned. Transfer it to a plate and set aside. Add garlic in the cooker and sauté for a minute. Then, add soy sauce, half cup water, brown sugar, and ginger. Adding beef, stir, and lock the lid. Select High Pressure.

For an easy start to pressure cooking, this is a decent book to have. I would not hesitate to recommend this cookbook to anyone wanting to gain better insight as to what a pressure cooker is capable of and looking forward to experimenting and trying many more of the recipes in the book.

Impressive recipes! I love food and cooking so I figured lâ <sup>™</sup>II advance my knowledge. I thought I knew a lot already but this book has helped me learn the benefits with pressure cooking, first of all â " I had no idea that pressure cooking helps retain food vitamins and preserve the taste, a win for everyone! Healthier and tastier. I love how the book comes with recipes. Really worth recommending!

The book which always smells good, that's how I want to characterize this book. The author cites the recipes are pretty easy to make, but at the same time overlook the beautiful and delicious. The book is a real treasure for foodies and calorie watching her figure. I recommend.

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